



1 **Higher subseasonal predictability of extreme hot**  
2 **European summer temperatures as compared to**  
3 **average summers**

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6 **Key Points:**

- 7 • Summer warm extremes are more predictable at weekly lead times than average  
8 and cold events  
9 • The prediction skill shows strong regional dependence within Europe  
10 • The skill for hot extreme events is strongly increased by the most severe and per-  
11 sistent events

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## Abstract

Summer temperatures in the last decades were increasingly characterized by persistent extremes, and there is evidence that this trend will continue in a warming climate. The exact timing of these extremes is less well known and it is therefore crucial to consider their subseasonal predictability. We compare the prediction of summer 2m-temperature extremes in Europe with the prediction of average events for four subseasonal forecasting systems. We find higher prediction skill for warm extremes as compared to average events, with some regional dependence. The same is not true for cold extremes, indicating an asymmetry in the processes causing opposite summer temperature extremes. The forecast skill is strongly increased by the most severe and persistent events in the analyzed period. We hypothesize that the enhanced warm extreme skill is related to persistent flow patterns and land-atmosphere interaction. This could have implications for potentially enhanced predictability in a warming climate.

## 1 Introduction

Recent years have seen an increased number of extreme heat waves across the Northern Hemisphere, e.g. over central Europe in 2003 (Schär et al., 2004; Trigo et al., 2005; Fink et al., 2004; Fouillet et al., 2006), over Russia in 2010 (Dole et al., 2011; Barriopedro et al., 2011), and over Europe in 2018 (Schiermeier, 2018). It has been evident for decades (IPCC, 1990) that extreme events such as heat waves are exacerbated by climate change (Stott et al., 2004, 2015; Coumou & Rahmstorf, 2012; Sippel et al., 2016; Diffenbaugh et al., 2017; Mann et al., 2017; Imada et al., 2018). The time needed to prepare for an extreme event is often beyond the skillful prediction timescales of a few days that are currently available (White et al., 2017). The observed and projected increase in strength and frequency of heat waves therefore calls for reliable predictions on timescales of weeks to months. Currently available models cannot predict the onset, duration, or amplitude of a heat wave on subseasonal timescales, as e.g. for the 2010 Russian heat wave (Quandt et al., 2016).

On subseasonal timescales several potential predictors of summer near-surface temperatures have been identified. For instance, predictability could stem from persistent atmospheric flow patterns as a large fraction of the observed summer heat extremes are associated with atmospheric blocking (Pfahl & Wernli, 2012; Schaller et al., 2018; Brunner et al., 2018; Sousa et al., 2018). Further, warm and cold extremes can be related to the presence of upper-tropospheric Rossby wave packets (RWPs, Fragkoulidis, Wirth, Bossmann, and Fink (2018)) and a regional stalling of the jet stream (Röthlisberger et al., 2016). While RWPs are not generally more predictable, 500 hPa geopotential height forecasts initialized in the presence of specific types of RWPs display enhanced skill up to week 3 of the forecast (Grazzini & Vitart, 2015). Furthermore, regimes favouring local persistent temperature anomalies are also influenced by modes of low-frequency and possibly remotely forced variability like the summer North Atlantic Oscillation (Folland et al., 2009; Ossó et al., 2017) or the summer East Atlantic pattern (Wulff et al., 2017; Neddermann et al., 2019). This large-scale control on surface temperatures has the potential to enhance their predictability beyond the typical weather forecasting timescales.

Other studies highlight the potential of land-atmosphere interactions for seasonal (Weisheimer et al., 2011; Prodhomme et al., 2016; Ardilouze, Batté, Bunzel, et al., 2017; Bunzel et al., 2018) and subseasonal prediction (Koster et al., 2010; Ardilouze, Batté, & Déqué, 2017) by showing that temperature forecasts benefit from a realistic initialization of the land surface. Land-atmosphere interactions were especially important for the heat waves of 2003 in Europe (Ferranti & Viterbo, 2006; Fischer et al., 2007) and 2010 in Russia (Miralles et al., 2014; Hauser et al., 2015). During these events the successive drying of the soil under the persistent atmospheric forcing led soil moisture to drop below a critical value, triggering a positive feedback between soil dryness and near surface temperatures (Seneviratne et al., 2010).

64 Many studies consider predictors of warm summer temperatures and heat waves  
 65 only (e.g. Cassou, Terray, and Phillips (2005); Ardilouze, Batté, and Déqué (2017)), but  
 66 the aforementioned mechanisms do not work equally for hot and cold temperature ex-  
 67 tremes and thus their predictability could also differ (Quesada et al., 2012).

68 Motivated by the importance of predicting summer extreme events on subseasonal  
 69 timescales, we test if near-surface extreme temperatures are more predictable than av-  
 70 erage temperatures. We evaluate the hindcast skill of different subseasonal forecasting  
 71 systems for the near-surface temperature evolution on timescales of several weeks in Eu-  
 72 rope and specifically focus on the comparison between the skill of predicting warm and  
 73 cold extremes in comparison to average temperatures. The definition of these events, the  
 74 metrics applied to verify the hindcasts and the data used are described in Section 2. The  
 75 model skill is described in Section 3, which also shows the comparison of the skill for the  
 76 different event types. Sensitivity analyses are shown in the Supporting Information (SI).  
 77 The results are summarized and discussed in Section 4.

## 78 2 Data and Methods

### 79 2.1 Hindcasts and Verification Data

80 We consider hindcasts from four subseasonal forecasting systems provided by the  
 81 Australian Bureau of Meteorology (BoM), the Chinese Meteorological Agency (CMA),  
 82 the European Centre for Medium-Range Weather Forecasts (ECMWF) and the National  
 83 Centers for Environmental Prediction (NCEP). All data are made available through the  
 84 subseasonal to seasonal (S2S) prediction project (Vitart et al., 2017). The systems dif-  
 85 fer in many aspects of their forecasting strategies, which are described in detail in the  
 86 SI (Table S1). In this study, we focus mainly on the ECMWF system, which is initial-  
 87 ized twice per week. The hindcasts were verified using the ECMWF’s Interim reanal-  
 88 ysis (ERA-Interim, Dee et al. (2011)).

89 The data considered in this study are summer (June, July, August) 2m-temperature  
 90 anomalies ( $T_{2m}$ ) in the 12-year period 1999 – 2010, which is the longest common period  
 91 that hindcasts from all four systems cover. Anomalies were computed with respect to  
 92 each forecasting model’s lead time dependent climatological seasonal cycle, which was  
 93 computed from the first four harmonics of the daily 1999 – 2010 climatology. The lead  
 94 time dependence of the climatology removes effects of drift in the models’ climatologies  
 95 with increasing lead time. Furthermore, as forecasts on subseasonal lead times are not  
 96 expected to reproduce small-scale day-to-day variability, we applied a 5-day moving av-  
 97 erage to the daily temperature anomalies ( $T_{2m}^{5d}$ ). Additionally, we averaged  $T_{2m}^{5d}$  over six  
 98 regions in Europe (Figure 1b): Scandinavia (SC), Western and Eastern Europe (WEU  
 99 and EEU, respectively), Russia and Ukraine (RUK), and the Western and Eastern Mediter-  
 100 ranean (WMED and EMED, respectively). All analyses are based on hindcasts of the  
 101 averages of  $T_{2m}^{5d}$  over one of these regions  $R$  ( $\langle T_{2m}^{5d} \rangle_R$ ), where  $\langle \cdot \rangle$  indicates the spatial av-  
 102 erage using area weighting.

103 As a reference for the forecast skill, we further designed persistence hindcasts with  
 104 a set-up mimicking the dynamical hindcasts. These were created by keeping  $\langle T_{2m}^{5d} \rangle_R$  com-  
 105 puted from ERA-Interim at each initialization date of the BoM system constant for 62  
 106 days (length of the BoM hindcasts). Note that both for the persistence forecast and for  
 107 the verification we use anomalies with respect to the seasonal cycle.

### 108 2.2 Evaluation of Skill

109 The skill at reproducing the observed patterns of  $T_{2m}^{5d}$  is evaluated using the cen-  
 110 tered Anomaly Correlation Coefficient (ACC). The ACC for a given initialization time

111  $i$  is defined following Wilks (2011, Chapter 8) as:

$$\text{ACC}_i = \frac{\sum_{k=1}^K (y'_{ik} - \langle y' \rangle)(o'_{ik} - \langle o' \rangle)}{\sqrt{\sum_{k=1}^K (y'_{ik} - \langle y' \rangle)^2 \sum_{k=1}^K (o'_{ik} - \langle o' \rangle)^2}} \quad (1)$$

112 where  $k$  is an index for the grid point,  $y$  indicates the forecast and  $o$  the reanalysis.  $\langle \cdot \rangle$   
 113 indicates averaging over all  $K$  grid points within the chosen region, primes indicate anomalies  
 114 with respect to the climatology.

115 When analyzing the skill of the hindcasts for a certain event type, we treat each  
 116 individual ensemble member's hindcast as a deterministic binary forecast. We define an  
 117 average event as a day on which  $\langle T_{2m}^{5d} \rangle_R$  lies between the monthly 25th and 75th per-  
 118 centile of the distribution. An extreme warm (cold) event is detected when  $\langle T_{2m}^{5d} \rangle_R$  ex-  
 119 ceeds (falls below) the 95th (5th) percentile. Thus, extreme (average) events in our anal-  
 120 yses have a base rate of  $p_x = 5\%$  ( $p_a = 50\%$ ) Note that by using percentiles of the  
 121 distribution of anomalies we eliminate contributions to the forecast skill resulting from  
 122 a successful reproduction of the seasonal cycle. Furthermore, by defining an event based  
 123 on the model's own climatological distribution, we eliminate the frequency bias in the  
 124 hindcasts, i.e. each system's hindcast ensemble predicts an extreme (average) event on  
 125 5% (50%) of the considered days at any given lead time by design.

126 In order to be able to compare the skill for events with different base rates, we ap-  
 127 ply a skill measure that is base rate independent and does not degenerate when the base  
 128 rate decreases (Jolliffe & Stephenson, 2012). The extremal dependence index (EDI, Ferro  
 129 and Stephenson (2011)) fulfills these requirements and is defined as:

$$\text{EDI} = \frac{\log F - \log H}{\log F + \log H} \quad (2)$$

130 where  $H$  is the hit rate, i.e. the number of hits divided by the number of observed  
 131 events, and  $F$  the false alarm rate, i.e. the number of false alarms divided by the num-  
 132 ber of observed non-events. The EDI varies between -1 and 1 where 0 indicates no skill  
 133 and 1 is the skill of a perfect forecast. The standard error of the EDI is given as (Ferro  
 134 & Stephenson, 2011):

$$s_{\text{EDI}} = \frac{2|\log F + \frac{H}{1-H} \log H|}{H(\log F + \log H)^2} \sqrt{\frac{H(1-H)}{np}} \quad (3)$$

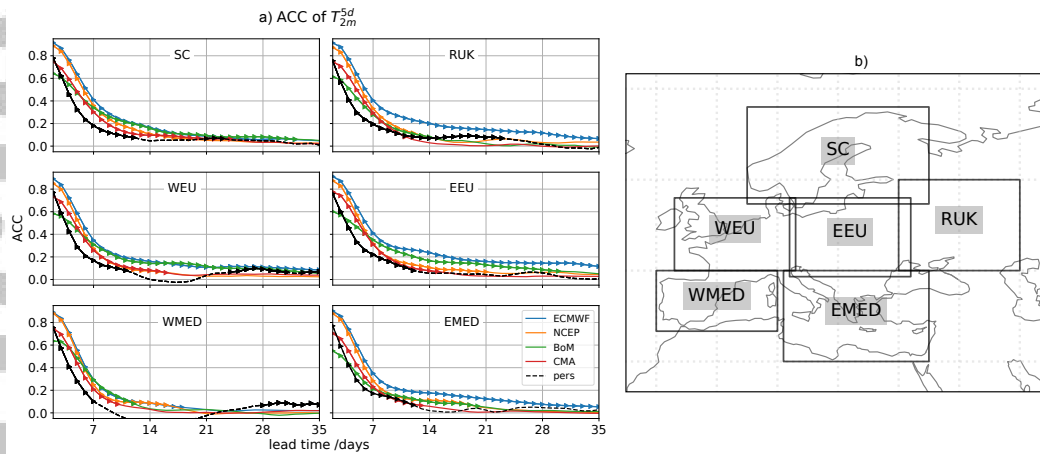
135 with sample size  $n$ , i.e. the total number of days considered and base rate  $p$ . The EDI  
 136 is always shown with an interval of 2 standard errors covering approximately the 95%  
 137 uncertainty interval. The skill is here considered significant if this interval does not en-  
 138 compass 0.

139 We will analyze the skill of the forecasting systems in terms of their ACC and EDI.  
 140 These scores measure different aspects of forecast skill. While the ACC quantifies how  
 141 well the anomaly pattern of the verification field is reproduced, the EDI measures the  
 142 deterministic skill at predicting a certain event type. We restrict ourselves to compar-  
 143 ing the EDI between different forecasting systems, regions and event definitions. The EDI  
 144 for extreme and average events will be referred to as xEDI and aEDI, respectively.

### 145 3 Results

#### 146 3.1 Summer Temperature Skill on Subseasonal Timescales

147 First, we assess the prediction skill for summer surface temperatures over Euro-  
 148 pean land areas. As a reference for the general temperature skill in the six European re-  
 149 gions, we compute the ACC of the ensemble mean hindcasts (Figure 1a) in the four an-  
 150 alyzed systems as well as that of a persistence forecast as defined in Section 2.1.



151 **Figure 1.** a) ACC of summer  $\langle T_{2m}^{5d} \rangle_R$  as a function of lead time for the six European regions  
 152 indicated in b). The ACC is shown for each of the four forecasting systems used in this study  
 153 (see legend) and a persistence forecast based on ERA-Interim (black dashed line). Verification  
 154 is with respect to ERA-Interim. Triangles indicate where the ACC is significantly different from  
 155 zero. Note that the lead time corresponds to the central day of a 5 day running mean, thus the  
 156 shortest lead time is two days.

157 All models show a fast decrease in ACC in week 1 (up to day 7) and their skill tends  
 158 strongly toward that of persistence by week 4 (lead time 21 – 28 days) at the latest. The  
 159 ECMWF system's ACC curve lies above all other models for all considered regions and  
 160 lead times with only few exceptions. For lead times up to 7 days only the NCEP model  
 161 compares well but is consistently slightly below. For lead times longer than 7 days, the  
 162 NCEP system's skill deteriorates more quickly and becomes indistinguishable from the  
 163 ACC of the persistence forecast within week 2 (lead time 7 – 14 days) of the forecast.  
 164 The ACC of the CMA system and the persistence forecast start at a similar value but  
 165 the CMA outperforms the persistence forecast generally until the middle of week 2 and  
 166 exhibits a comparable skill after. The BoM system shows a slightly different behavior  
 167 from the other systems as its skill is lower than the persistence skill up to approximately  
 168 4 days lead time. However, the decrease in ACC of the BoM system is much more grad-  
 169 ual than that of all other systems. In fact, despite having the lowest skill in week 1, the  
 170 BoM outperforms all other systems except the ECMWF starting in week 2 in the regions  
 171 SC, WEU and EEU, where it exhibits a skill comparable to the ECMWF system.

172 The ACC furthermore shows some dependence on the region under consideration.  
 173 Focusing on the skill of the best performing model, the ACC in the SC, RUK and EEU  
 174 regions drops below 0.4 approximately one day later than in the other regions. In RUK  
 175 and EEU it remains above 0.2 until the end of week 2 whereas in SC it already falls be-  
 176 low that threshold during week 2. Despite the slower decrease of the ACC in the first  
 177 two weeks, in week 3 the skill is lowest in SC along with the WMED region and effec-  
 178 tively drops to zero, while it remains above 0.1 for the other regions. For the RUK and  
 179 EMED regions however, this is only the case for the ECMWF system. The ACC in the  
 180 other systems is zero in these regions in week 3 as well. In WEU and EEU, both ECMWF  
 181 and BoM keep an ACC different from zero until week 4. In the EEU region the ECMWF  
 182 system remains an ACC above 0.1 until week 5.

183 Out of the four considered forecasting systems, the ECMWF system clearly per-  
 184 forms best in terms of ensemble mean ACC at all lead times, but it is not able to out-  
 185 perform a persistence forecast beyond week 4 (except in the EEU region). Despite its  
 186 lower skill in week 1, the BoM system performs better than NCEP and CMA after week

187 2 in two thirds of the regions. For subseasonal lead times the ACC of the ensemble mean  
 188 forecasts to predict pentad means of 2m-temperature is generally very low with some de-  
 189 pendence on the region under consideration.

### 190 3.2 Prediction Skill for Extreme versus Average Temperatures

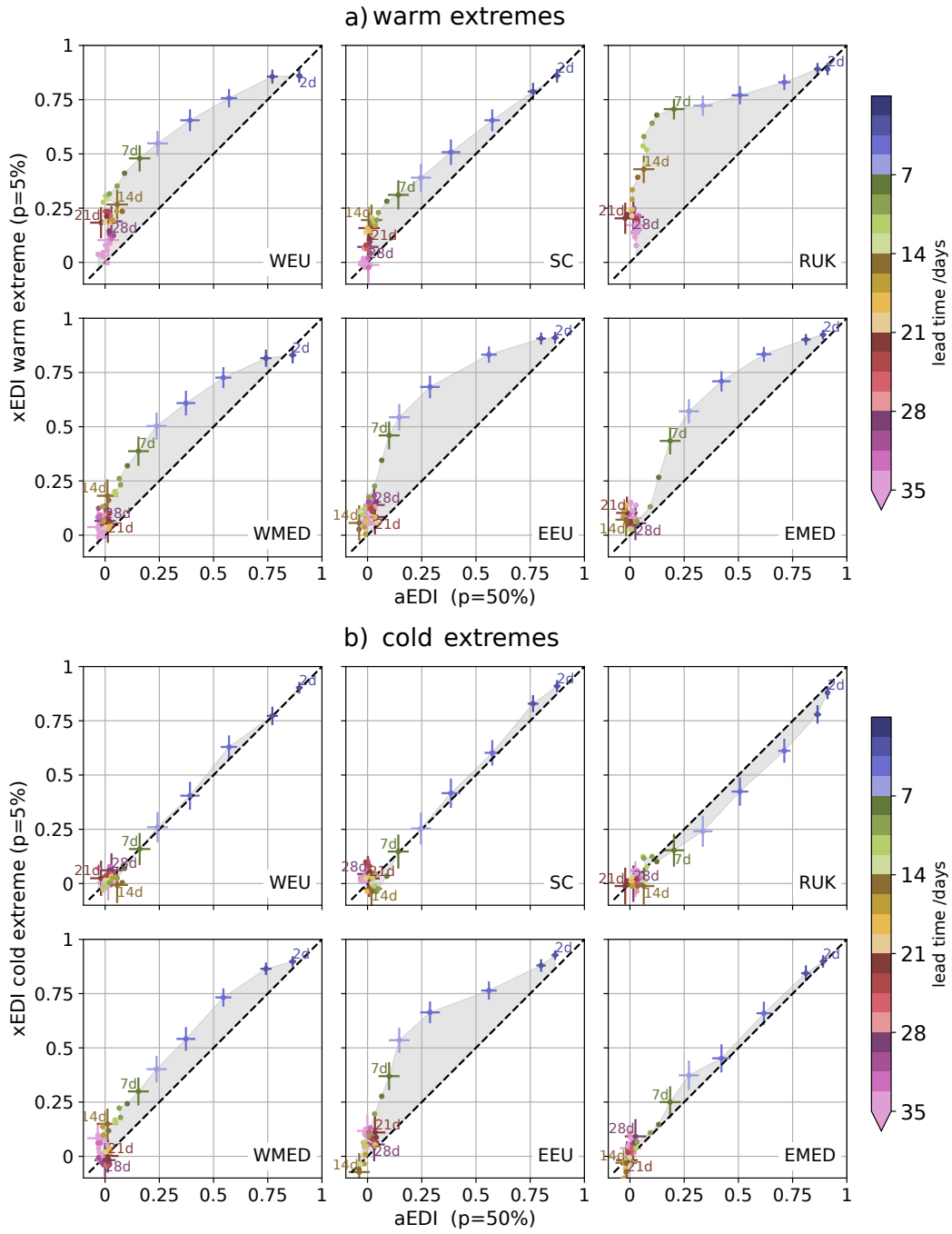
195 Next, we consider how the EDI of predicting extreme near-surface temperature events  
 196 (xEDI) compares to the EDI for average events (aEDI, for event definition see Section  
 197 2.2). Note that for simplicity we refer to events in the lower tail of the temperature dis-  
 198 tribution as "cold events". For warm events in the ECMWF system, there is a clear ten-  
 199 dency of the extreme event skill to significantly exceed the average event skill in all re-  
 200 gions in forecast week 1 as indicated by the grey areas in Figure 2a. At lead times up  
 201 to 14 days, however, in regions EEU and EMED both the xEDI and the aEDI become  
 202 effectively zero. In the remaining four regions, the average event skill drops much more  
 203 quickly than the warm event skill such that in week 2 the warm event skill is significantly  
 204 higher. In week 3, the EDI difference drops to zero in the WMED region but stays posi-  
 205 tive in the other three regions. In week 4 the warm event skill lies above the average event  
 206 skill only in the WEU and RUK regions. These regions show the largest difference be-  
 207 tween warm and average event skill. Notably however, the absolute warm event EDI drops  
 208 much slower in the RUK than in the WEU region.

209 In contrast to the warm events, the xEDI for cold events does not significantly ex-  
 210 ceed the aEDI at any lead time and in any region except WMED and EEU (Figure 2b).  
 211 In these regions, we observe significantly higher skill for extreme than for average events  
 212 in week 1. However, these values decrease to zero within week 2 in both regions show-  
 213 ing that also for those regions — despite the slower skill decrease in week 1 — the EDI  
 214 difference at lead times longer than one week is effectively zero. This implies that there  
 215 is no extended skill for cold extremes over average temperatures at subseasonal timescales.

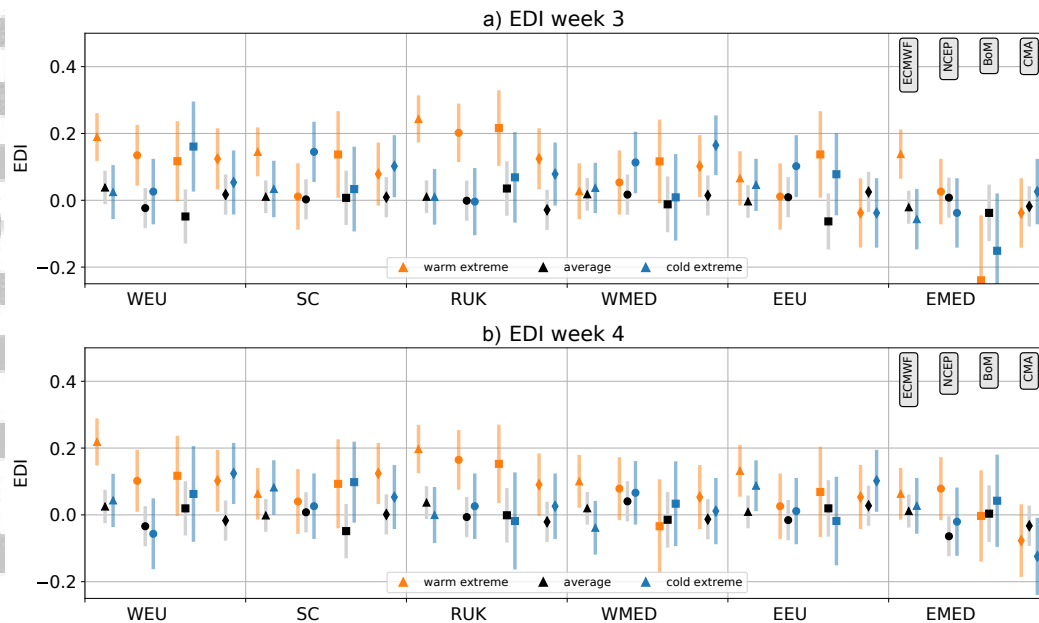
216 Generally, in the ECMWF system summer warm extremes in Europe are better  
 217 predicted than climatological events, with a strong dependence on the region considered.  
 218 Especially at subseasonal lead times, warm extremes in the RUK and WEU and to some  
 219 degree in the SC regions are significantly better predicted than average events. This is  
 220 in contrast to the prediction skill for cold extremes in the same regions which is of the  
 221 same magnitude as that for average events throughout all forecast lead times. Even though  
 222 the EDI for cold extremes is larger in the WMED and EEU regions, this difference van-  
 223 ishes at subseasonal lead times. A sensitivity test with respect to the percentile thresh-  
 224 old for defining extreme events using base rates  $p_x$  of 10% and 2.5% yields that the skill  
 225 difference between extreme and average events is relatively insensitive to the exact per-  
 226 centile threshold chosen for the definition of the events (Figure S1). Our main conclu-  
 227 sions equally hold for an analysis of xEDI and aEDI for the ECMWF for an extended  
 228 period of 20 years (1998 – 2017, see Figure S2).

234 In order to compare these results between different forecasting systems, we con-  
 235 sider the EDI differences for the same regions but restrict the analysis to subseasonal  
 236 lead times only, i.e. week 3 and 4 (Figure 3 a and b, respectively). The xEDI and aEDI  
 237 are effectively equal in the WMED, EEU and EMED regions and across all models. The  
 238 only exception is the warm event skill of the BoM system in the EEU region in week 3.  
 239 In the SC region, Figure 3 confirms that the difference between xEDI and aEDI events  
 240 is not significant for other models. The warm event xEDI in the WEU region exceeds  
 241 the aEDI for all models even though the differences in the other systems are less pro-  
 242 nounced than in the ECMWF system. Especially the BoM system shows a larger un-  
 243 certainty in the skill estimates which is likely due to the higher climatological spread of  
 244 its ensemble. Again, the skill for cold events is not significantly different from the av-  
 245 erage event skill. Across all models, the most pronounced differences in the skill arise  
 246 for warm events in the RUK region, especially for ECMWF and NCEP.

247 In summary, the ECMWF system performs significantly better at forecasting ex-  
 248 treme warm near-surface temperature events than average events on subseasonal timescales



191 **Figure 2.** aEDI against xEDI for (a) extreme hot and (b) extreme cold events in the six re-  
 192 gions for the ECMWF system. Bars indicate two standard errors around the aEDI and xEDI  
 193 and are shown for lead times of 2-7, 14, 21, 28, and 35 days. Values are colored according to lead  
 194 time. The black dashed diagonal indicates where aEDI = xEDI.

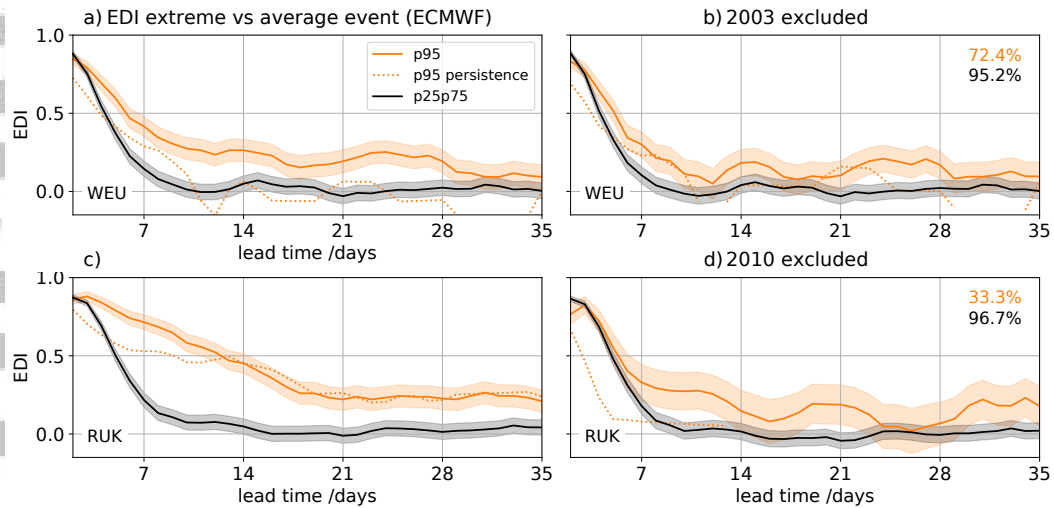


229 **Figure 3.** EDI by region and model on subseasonal lead times for (a) 3 and (b) 4 weeks. Or-  
 230 ange, black, and blue dots and intervals indicate the EDI and two standard errors around it for  
 231 extreme hot, average and extreme cold 2m-temperature events, respectively. For each region, the  
 232 EDI for each of the four considered forecasting systems is shown, where triangles, circles, squares  
 233 and diamonds indicate the ECMWF, NCEP, BoM and CMA system respectively.

249 in three (WEU, SC and RUK) out of six European regions. In all those regions the xEDI  
 250 for warm events is significantly different from zero for all models indicating some pre-  
 251 diction skill of extreme hot events on subseasonal timescales. The EDI difference is only  
 252 robust in two (WEU and RUK) out of those regions when taking the other forecasting  
 253 systems into consideration. For cold events, there is no enhanced skill over average tem-  
 254 perature events at subseasonal lead times. This finding is consistent for all considered  
 255 forecasting systems. To further test for the robustness of these results, we consider an-  
 256 other base-rate independent skill measure. The odds ratio skill score (ORSS, Text S1  
 257 & Figure S3) confirms the overall findings of Figures 2 and 3 but at subseasonal lead times  
 258 of 3 and 4 weeks the ORSS is only significantly different between extreme warm and av-  
 259 erage events for the ECMWF system. It should additionally be noted that the ORSS  
 260 — despite being base-rate independent — increases the rarer the event is making its in-  
 261 terpretation more difficult (Ferro & Stephenson, 2011; Jolliffe & Stephenson, 2012).

### 262 3.3 Sensitivity to Most Severe Heat Waves

270 Due to the limitations of the hindcast period for the S2S model systems, we are  
 271 only able to sample 12 summers from 1999 to 2010. Since these years contain the two  
 272 most severe heat waves in two of the study regions (European heat wave 2003 dominant  
 273 for WEU region, Russian heat wave 2010 dominant for RUK region) we check the sensi-  
 274 tivity of our skill estimates to removing these events from the sample for those two re-  
 275 gions. Removing 2003 (2010) from the xEDI computation in the WEU (RUK) region  
 276 reduces the sample to three quarters (one third) of its original size (orange percentages  
 277 in Figure 4 b and d). Indeed, there is a dependence in both regions to removing the most  
 278 severe events (Figure 4) such that the xEDI at subseasonal lead times is strongly reduced.  
 279 While in the WEU region the xEDI of the full sample remains significantly different from



263 **Figure 4.** EDI for average (black) and extreme hot (orange) temperatures as a function of  
 264 lead time taking into account ECMWF hindcasts in all available years (a,c) and excluding the  
 265 most extreme years (b,d) in the respective region (2003 for WEU, 2010 for RUK). The shading  
 266 around the curves indicates two standard errors around the EDI. The orange dotted line  
 267 shows the xEDI of a persistence forecast. Percentages in b and d indicate the fraction of extreme  
 268 (orange) and average (black) events that are retained in the estimation of the curves in the  
 269 respective panel.

280 the aEDI out to week 5, the errorbars for aEDI and xEDI start overlapping already after  
 281 after 10 days when removing the summer of 2003. In general, the xEDI at lead times up  
 282 to week 3 is most strongly affected by the removal of 2003 from the sample. In the RUK  
 283 region the effect on the xEDI of removing the strongest event is even more pronounced  
 284 but also note that the sample is more strongly reduced in the case of 2010. When 2010  
 285 is removed for the estimation in the RUK region the xEDI drops as quickly as the aEDI  
 286 during the first week. It then levels off more gradually but due to the larger uncertainty  
 287 it is no longer significantly different from the aEDI by the end of week 2.

288 These differences in the extreme event skill imply that there was larger skill at pre-  
 289 dicting the two events that were removed in Figures 4b and d. To answer the question  
 290 why these events show extended prediction skill we also considered the xEDI of a per-  
 291 sistence forecast (orange dotted line in Figure 4). The persistence xEDI is lower than  
 292 that of the dynamical forecasts and rather insensitive to removing the 2003 event from  
 293 the sample in the WEU region. In contrast, the persistence xEDI in the RUK region is  
 294 comparable to the xEDI of the dynamical hindcasts when all years are taken into account,  
 295 especially at subseasonal lead times. When removing 2010 from the sample, the xEDI  
 296 of the persistence forecast drops to effectively zero already in week 1. This highlights the  
 297 importance of the temperature persistence during the Russian heat wave of 2010 and the  
 298 ability of the hindcast models to capture this aspect of the event.

## 299 4 Summary and Discussion

300 We investigated the prediction skill of near-surface summer temperatures in Eu-  
 301 rope from ensemble hindcasts of four subseasonal forecasting systems for the years 1999  
 302 – 2010. The skill of the ensemble mean hindcasts was evaluated using the ACC, which  
 303 measures the pattern correlation between the hindcast and reanalysis fields. The ensemble  
 304 mean ACC for 5-day means of 2m-temperature lies below 0.4 for lead times of more

305 than one week. The ECMWF performs best out of the four considered forecasting systems.  
306 While the BoM system performs poorest in the first week of the forecast it out-  
307 performs the CMA and NCEP systems in multiple regions on subseasonal lead times.  
308 This could be due to the generally larger climatological spread of the BoM system, which  
309 could be an advantage in capturing a weak predictable signal on these time scales, es-  
310 pecially for cases where the NCEP and CMA systems are overconfident. The model skill  
311 also exhibits regional dependence. The regions with largest skill beyond week 1 are Rus-  
312 sia/Ukraine (RUK), Eastern Europe (EEU) and Western Europe (WEU). The Extremal  
313 Dependence Index (EDI) for different event types (see Section 2.2) was applied to eval-  
314 uate how the prediction skill for extremes compares to that for average events. Our anal-  
315 ysis shows that in most regions of Europe, the prediction of warm near-surface temper-  
316 ature extremes is significantly better than for events close to the mean of the temper-  
317 ature distribution. This holds for week 1 in all regions, but the difference between the  
318 EDI for average events (aEDI) and for extreme events (xEDI) is strongest in the RUK,  
319 EEU and WEU regions. At subseasonal lead times the xEDI is significantly higher than  
320 the aEDI only in the RUK and WEU regions. In the RUK region, this result is robust  
321 across all considered forecasting systems. Excluding the European heat wave 2003 and  
322 the Russian heat wave 2010 from the sample for the computation of the EDI yields that  
323 these events contributed most strongly to the extended skill in the WEU and RUK re-  
324 gions, respectively. While warm extremes clearly show a higher predictability than av-  
325 erage events, this does not hold for cold extremes with the same base rates. The cold  
326 event xEDI is only significantly different from the aEDI in the EEU and the Western Mediter-  
327 ranean (WMED) regions up to approximately 10 days lead time and not distinguishable  
328 from zero in the remaining regions at all lead times.

329 Although the differences between systems are small we find the ECMWF to have  
330 the largest skill at subseasonal lead times. Note however that we use ERA-Interim (i.e. a  
331 product of the ECMWF's Integrated Forecasting System used to generate the hindcasts)  
332 for the verification of the hindcasts, which potentially favors the ECMWF system in the  
333 skill comparison.

334 The asymmetry in the prediction skill between warm and cold extremes points to  
335 different processes for these opposing events. The large-scale control on near-surface tem-  
336 peratures could offer one explanation for the higher skill in forecasting extremes. Although  
337 both the onset and the duration of atmospheric blocking are rather poorly predicted in  
338 forecast models (Tibaldi & Molteni, 1990; Matsueda & Palmer, 2018), Grazzini and Vi-  
339 tart (2015) show that subseasonal forecast skill of the synoptic-scale circulation is en-  
340 hanced when long, coherent RWP's from the Pacific to the Atlantic are present in the ini-  
341 tial conditions. Although we did not explicitly test the occurrence of such wave pack-  
342 ets in the initial conditions of our extreme event forecasts, some of these situations are  
343 captured in the analyzed period (Fragkoulidis et al., 2018). This could explain part of  
344 the observed extended skill for extreme temperatures. Land-atmosphere interactions have  
345 also been suggested to extend the predictability of near-surface temperatures to subsea-  
346 sonal timescales (Koster et al., 2010). In particular, the soil moisture-temperature feed-  
347 back has been shown to be crucial for temperature extremes (Seneviratne et al., 2010)  
348 and could force temperatures to rise. To the extent that land-atmosphere fluxes are cor-  
349 rectly represented in the models, they may yield extended prediction skill for the most  
350 long lasting warm extremes. Note that the regions considered here mostly have soil mois-  
351 ture above the critical value (Teuling et al., 2009). Thus the process described above only  
352 applies for extreme warm temperatures and could account for part of the asymmetry in  
353 the prediction skill between warm and cold extremes. Furthermore, the feedback would  
354 likely only act under strong and persistent atmospheric forcing as was the case in 2003  
355 (Fischer et al., 2007) and 2010 (Miralles et al., 2014).

356 The results obtained here are specifically relevant in the context of a warming cli-  
357 mate with potentially different predictability characteristics (Scher & Messori, 2019). Un-  
358 der global warming the temperature distribution exhibits both a shift and a broaden-  
359 ing towards warmer values (Schär et al., 2004) and temperature extremes become more

360 frequent (Coumou & Rahmstorf, 2012). While an increased number of heat events can  
 361 have harmful impacts on ecosystems and society, the potential for a better prediction  
 362 of the most severe heat events as presented here is promising.

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